



Our Current Office Safety Protocols Regarding COVID

In light of Ulster County's designation as a region of "significant" COVID spread due to the Delta variant, we have adjusted our office protocols to be in line with the CDC's recommendations that individuals should now wear masks inside indoor public spaces. Here are our most recent office policies.

- If you are coming into the office for your session, please **only come if you are feeling well**. If you have **any** symptoms, even those which do not coincide with typical COVID symptoms, please contact your therapist to arrange for a telehealth session. This also applies if you are experiencing symptoms and have tested negatively for COVID. We are trying to keep everyone healthy and reduce risks and scares.
- When you come to the office, please make sure you are wearing a mask before entering the building. Once you are seated in the office for your session, if both you and your therapist are comfortable doing so, you may remove your masks. You may also leave them on if that is your level of comfort.
- We will resume taking temperatures upon your arrival. If your temperature is 100.4 or above, you will be asked to leave the office.
- Any touched surfaces are disinfected between clients, and the offices are otherwise cleaned once a week.
- We are still utilizing air purifiers in our offices. Sanitizing wipes, gloves, and masks are on-hand should they be needed.

The latest CDC and NYS recommendations can be viewed online. If you have any questions or concerns, please reach out to us. Thank you for taking the time to read this, and for your partnership in helping to keep our community safe and healthy!

Sincerely,

A handwritten signature in black ink that reads "Ashley Walko".

Ashley Walko, LMHC
Director, Infinity Mental Health Counseling